What you need to know

- Permitted workers crossing Alert Level boundaries are now required to get tested, whether they have symptoms or not.

- Workers will be required to have evidence of a test taken within 7 days before crossing the boundary.

- Things you'll need:
  1. Proof of test
  2. Evidence of permitted travel
  3. Proof of ID

- Workers who currently undertake 14-day cycle testing will need to get a test 7 days prior to when they need to cross the Alert Level boundary.

- The responsibility for the weekly testing is shared between the employer and the employee.

Common questions about saliva testing

Why should I choose saliva testing?
Saliva testing is a less invasive and convenient way to provide a sample for a COVID-19 test.

What is the requirement?
Saliva testing is a series of tests: minimum of 2 tests within a 7 day period.

Why do I need to get tested?
As a permitted worker crossing Alert Level boundaires, it is required that you are able to provide evidence of having had a test within 7 days before crossing.

Do I have to pay for testing?
Testing for the purposes of crossing the Alert Level boundary will be at no cost to employees.

What if I've been vaccinated?
You can still get COVID-19 if you're vaccinated. So regular saliva testing is a simple and easy way to make sure COVID-19 does not sneak up on you. By doing this, you keep yourself, your colleagues, whānau and our communities safe.

DROOL
It's easy! It works!

"It's a piece of cake. There's nothing to fear. The only fear is catching COVID."
Peter, port worker

Saliva testing is a self-administered test. It provides you with flexibility in terms of when and where you can give a sample. At home, at work or on the road. **It takes just 3 simple steps:**

1 Talk to your manager

2 Get your saliva kit

3 Start drooling

GETTING STARTED IS EASY
It takes just 3 simple steps. To find out more please visit the Ministry of Health's website and search for saliva testing.

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Here's what you need to do to start saliva testing

1 **Go to:** www.covid19salivatesting.co.nz to opt in for saliva testing. For those businesses who have saliva testing on-site, check with your employer and they will opt you in.

2 Download the app. Follow the steps on the APHG website here: **https://covid19salivatesting. co.nz/registering-for-the-saliva-testing-app/**

3 Collect your saliva testing kit. Locations can be found on the MInistry of Heatlh website – **https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-information-specific-audiences/covid-19-resources-border-sector/saliva-testing-border-worker**

If saliva testing is available at your workplace, check with your employer to find out where the collection point is.

4 Start drooling - when providing a sample let saliva collect in your mouth, then drool into the tube to the level of the bottom of the label (it's less than a teaspoon).

NOTE: 30 minutes before you drool, don't brush your teeth, chew gum, smoke or vape, eat or drink anything but water.

5 After you drool, drop your saliva sample to the collection points either at your workplace or as identified through the Ministry of Health's available locations.

6 Samples are picked up regularly from collection points and taken to the labs for processing.

7 Your results will be sent via test message to your phone and this can be used as proof of test.

If you don't have a smartphone, ask your employer about the manual process or contact APHG directly

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